

WASHING YOUR GARMENT

- Wash when required. Alternation of different garments improves the life of all garments.
- Wash garment using a normal detergent.
- Wash using a maximum washing temperature of 30°C using a very mild process / delicate washing setting or hand washing.
- Stubborn spots can be gently rubbed, pre-wash, with a sponge.
- Laundry additives such as fabric softener, optical brightener or stain remover may be used.
- DO NOT BLEACH



DRYING YOUR GARMENT

- Line Dry, or Tumble Dry on low heat
- DO NOT IRON
- DO NOT WRING
- DO NOT DRY-CLEAN



INDICATIONS

Primary or secondary lymphoedema, chronic oedema as a stand-alone treatment or as part of combination treatment.

In venous disease and peripheral arterial disease where an absolute ankle blood pressure is more than 60mmHg; ABPI 0.5 - 0.8; or where reduced compression is indicated.

ABSOLUTE CONTRA-INDICATIONS

Not to be used in cases of:

Advanced peripheral arterial occlusive disease; decompensated heart disease; uncontrolled congestive heart failure; untreated septic phlebitis; phlegmasia cerulea dolens. Allergy to any of the materials used in the garment: Cotton 82%; Polyurethane 10%; Polyester 8%.

RELATIVE CONTRA-INDICATIONS

Occasionally can lead to problems in cases of:

Immobility (confinement to bed); skin infections; support dermatoses; weeping dermatoses; incompatibility to fabric; impaired sensitivity of the limb (e.g. in diabetes mellitus); suppurating dermatoses; primarily chronic polyarthritis; advanced peripheral neuropathy; primary chronic arthritis; osteoporosis stage 3&4.

Haddenham Healthcare assumes no liability as a result of any contra-indicated use of this product.

SIZING AND COLOUR CODING

Coloured tabs are knitted into the top edge of the garment.

	SHORT	REGULAR	LONG
S			
M			
L			
XL			

For full sizing charts, please refer to www.comfiwave.info



INSTRUCTIONS FOR USE

Comfiwave

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GENERAL

Comfiwave compression garments are highly effective in the management of lymphatic and venous diseases. The style and size of compression garment is given on the outer packaging. The therapeutic effect of the garment requires correct fitting. Incorrectly fitting compression garments may cause problems during wear. The garment should only be used if prescribed or recommended by a healthcare professional. Wear as instructed by your healthcare professional.

Caution: Sharp fingernails, rings and bracelets can damage the garment. Loose threads or loops must never be pulled out or cut off.

The following can damage your garment: Ointments, Petrol, Oils, Dry cleaning fluid, Turpentine. Direct heat – ironing, radiators, hot tumble driers, etc. Long or jagged toenails/fingernails. Storing in direct sunlight. Incorrect application. Defective shoes.

Very rarely, compression garments can cause allergic reactions. If acute limb pain or skin irritations should occur whilst the garment is being worn, remove the garment and consult your doctor or healthcare professional immediately.

STORAGE / GUARANTEE

Medical compression garments should be stored in a cool, dry, dark place without any exposure to direct sunlight, extremes of temperature or exhaust fumes. A 3-year shelf life is guaranteed under correct storage conditions.

A medical compression garment worn frequently is subject to material ageing and natural wear (e.g. frequent washing). For garments in use, the period of guarantee is 6 months.

Garments should not be used beyond the expiration date printed on the outside of the package.

At the end of their life, garments can be disposed of as household waste.

PUTTING ON YOUR GARMENT

When applying your garment, we recommend using rubber gloves and/or a donning aid. If you have a donning aid, follow the donning aid's instructions.

Caution: Sharp fingernails, rings and bracelets can damage the garment. Rings and bracelets should be removed before you apply your garment.

- Ensure your limb is thoroughly dry before applying the garment.
- For leg garments, fold down inside out until over foot section, slide up over foot and place the heel into the pocket shaping.
- For sleeves with a mitten, fold the sleeve down, inside out to the wrist. For sleeves without a mitten pull garment over hand to sit at wrist.
- Gently ease the garment up the limb gradually in stages, a few centimetres at a time, placing it where it needs to finish.
- Run the palm of your hand up and down your limb to smooth out any creases/overstretching and achieve a correct fit.

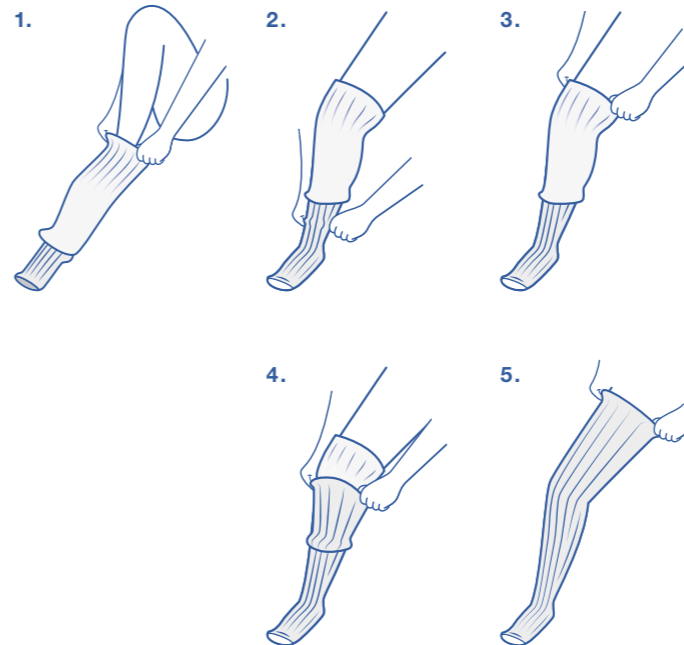
TAKING OFF YOUR GARMENT

When removing your garment we recommend using rubber gloves and/or a doffing aid. If you have a doffing aid, follow the doffing aid's instructions.

Caution: Sharp fingernails, rings and bracelets can damage the garment. Rings and bracelets should be removed before you take off your garment.

- For leg hosiery, pull the top of the garment inside-out down to the foot, leaving the foot part on, ensuring the fabric is not gathered around the ankle.
- Place your thumbs near the knobs on the outside of your 'ankle bone', in between your heel and stocking. Carefully take the stocking off.
- When removing a sleeve gently pull down your garment. Do not roll your garment off.

LOWER LIMB DONNING



UPPER LIMB DONNING

